

Be superior to your former self

або коли ми ростемо над собою

Agenda

Diana Pekelis
Senior QA
Engineer at

Work Hard

*Self-development
- fashionable world
or real need?*

*Implement your
self design and
grow into yourself!*

Conclusion

Questions!

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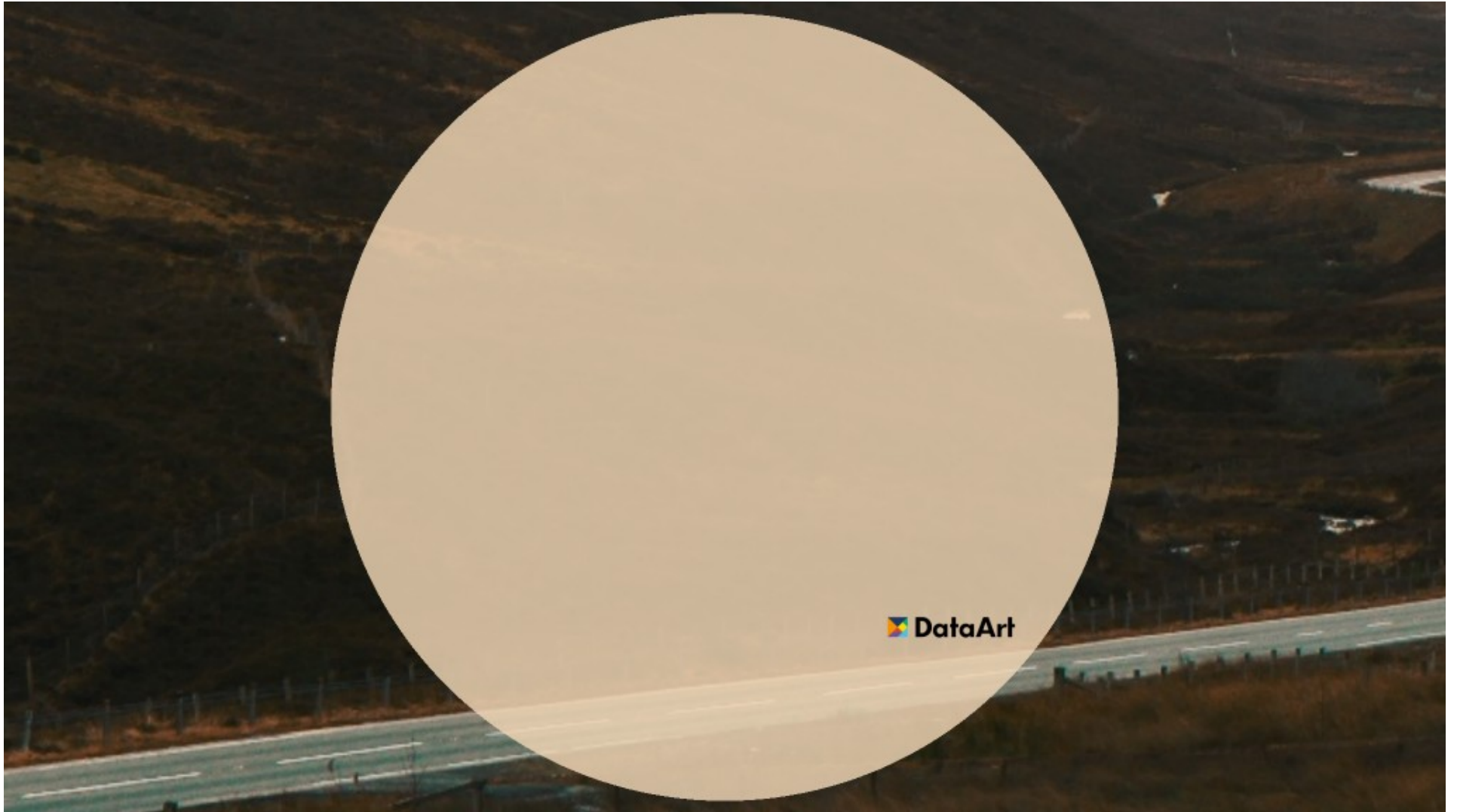
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Yes, Man!

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Agenda

 DataArt

Agenda


About myself

 DataArt

Agenda

About myself

What does self development mean? Does everyone do it?

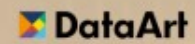
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About myself

What does self development mean? Does everyone do it?

"I did it my way" - story from my own experience



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Senior QA Engineer at  **DataArt**

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An aerial photograph of a winding asphalt road through a valley. The road curves through the landscape, which is covered in brownish vegetation. A large, semi-transparent, light-colored circle is overlaid on the center of the image, containing text. In the bottom right corner of the circle, there is a logo for 'DataArt' consisting of a small square icon with four colored triangles (yellow, blue, red, green) and the text 'DataArt' next to it.


*Self-development -
fashionable world or real
need?*

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*Self-development -
fashionable world or real
need?*

Physical, Social and Self
development


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*Self-development -
fashionable world or real
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Physical, Social and Self
development

Self design

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Physical, Social and Self
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Self design

What's the point?

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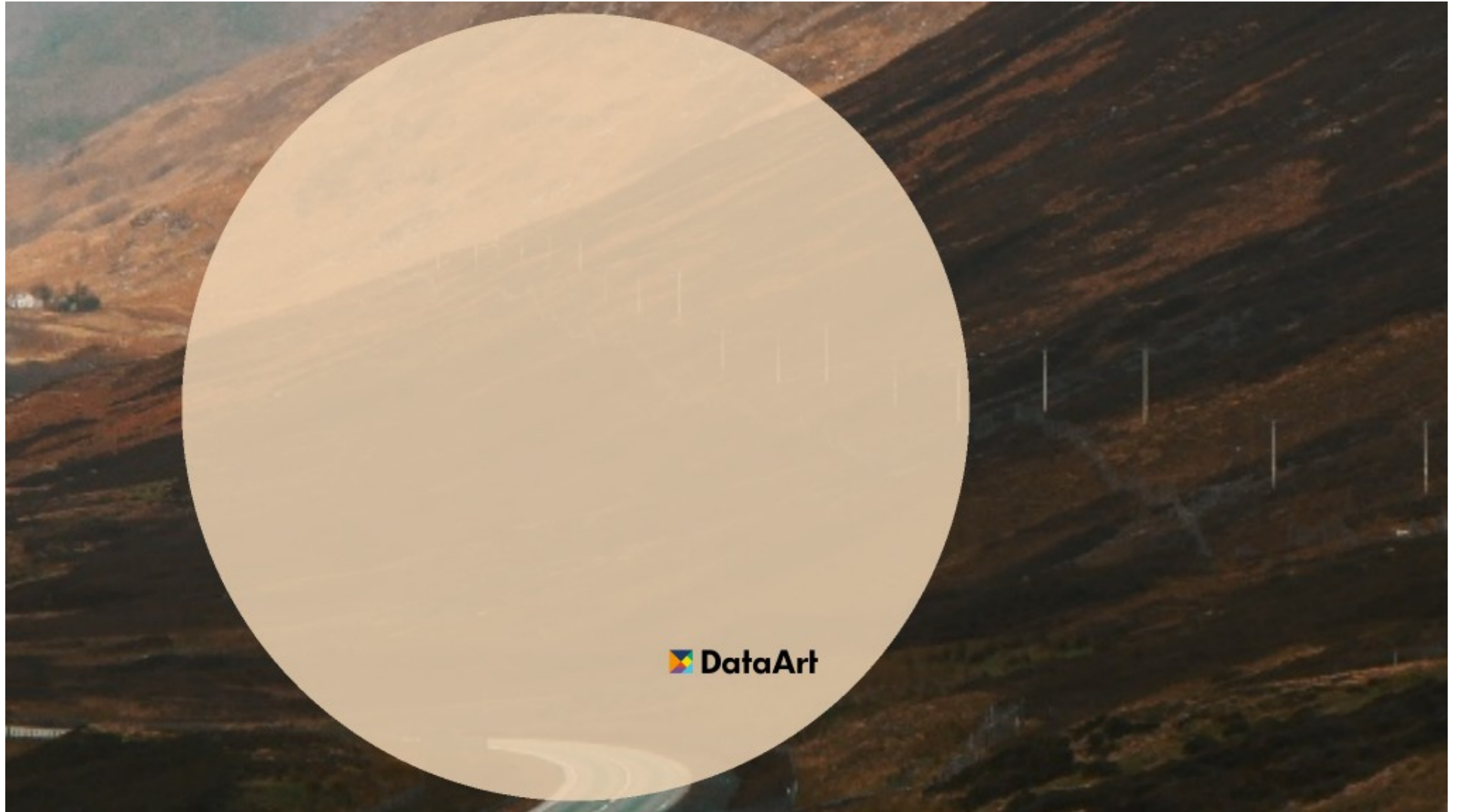
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Yes, Man!

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Yes, Man!



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Yes, Man!



*The way to start learning
yourself*

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Yes, Man!



*The way to start learning
yourself*

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ACT

Yes, Man!



*The way to start learning
yourself*

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ACT

ANALYSE

Yes, Man!



*The way to start learning
yourself*

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ACT

ANALYSE

*MOVE
ON*





ACT



ACT



**What can
be helpful**



An aerial photograph of a solar farm with rows of solar panels. A large, semi-transparent teal circle is overlaid on the center of the image. The text "What can be helpful" is written in orange inside the circle.

**What can be
helpful**



What can be helpful

MVP



What can be helpful

MVP

Find Support



What can be helpful

MVP

Find Support

Don't be afraid





ANALYSE



ANALYSE



**What can
be helpful**



What can be helpful

What can be helpful

Start listening to yourself and to others

What can be helpful

Start listening to yourself and to others

Different articles and books

What can be helpful

Start listening to yourself and to others

Diffrent articles and books

Psychologist, coacher

MOVE ON



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Work Hard

Work Hard

and Learn yourself

Work Hard

and Learn yourself

**"No Alarm Clock
Needed. My Passion
Wakes Me."**

—Eric Thomas

Work Hard

and Learn yourself

**"No Alarm Clock
Needed. My Passion
Wakes Me."**

—Eric Thomas

Consult
with other
people





Be initiative



Take up challenges

Be initiative



Take up challenges

Be initiative

Consult with other
people



Take up challenges

Notice your strength
and weaknesses and
accept it

Be initiative

Consult with other
people



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*Implement your
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Set a goal so big you
can't achieve it until
you **grow** into the
person who can.

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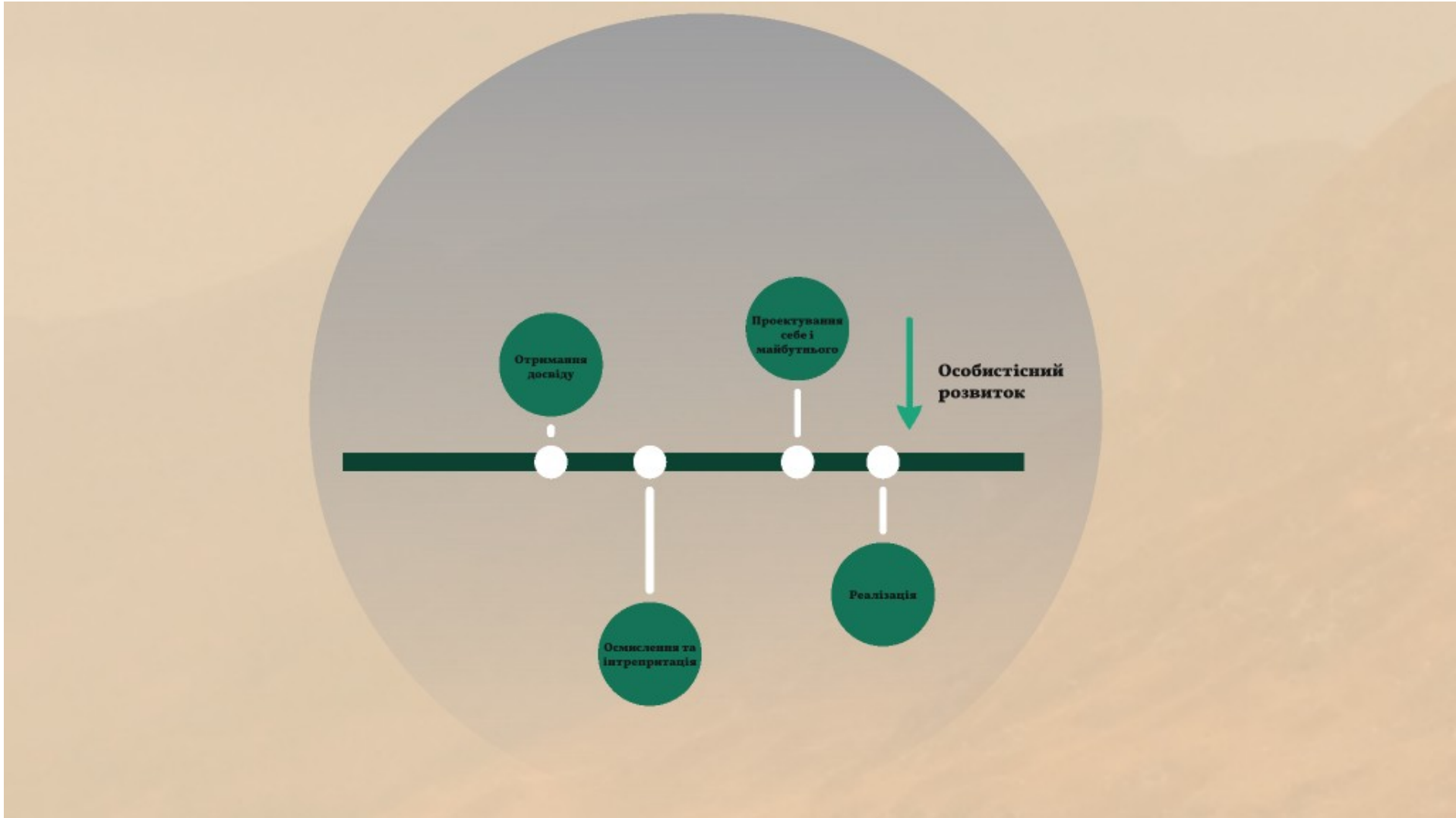
Yes, Man!

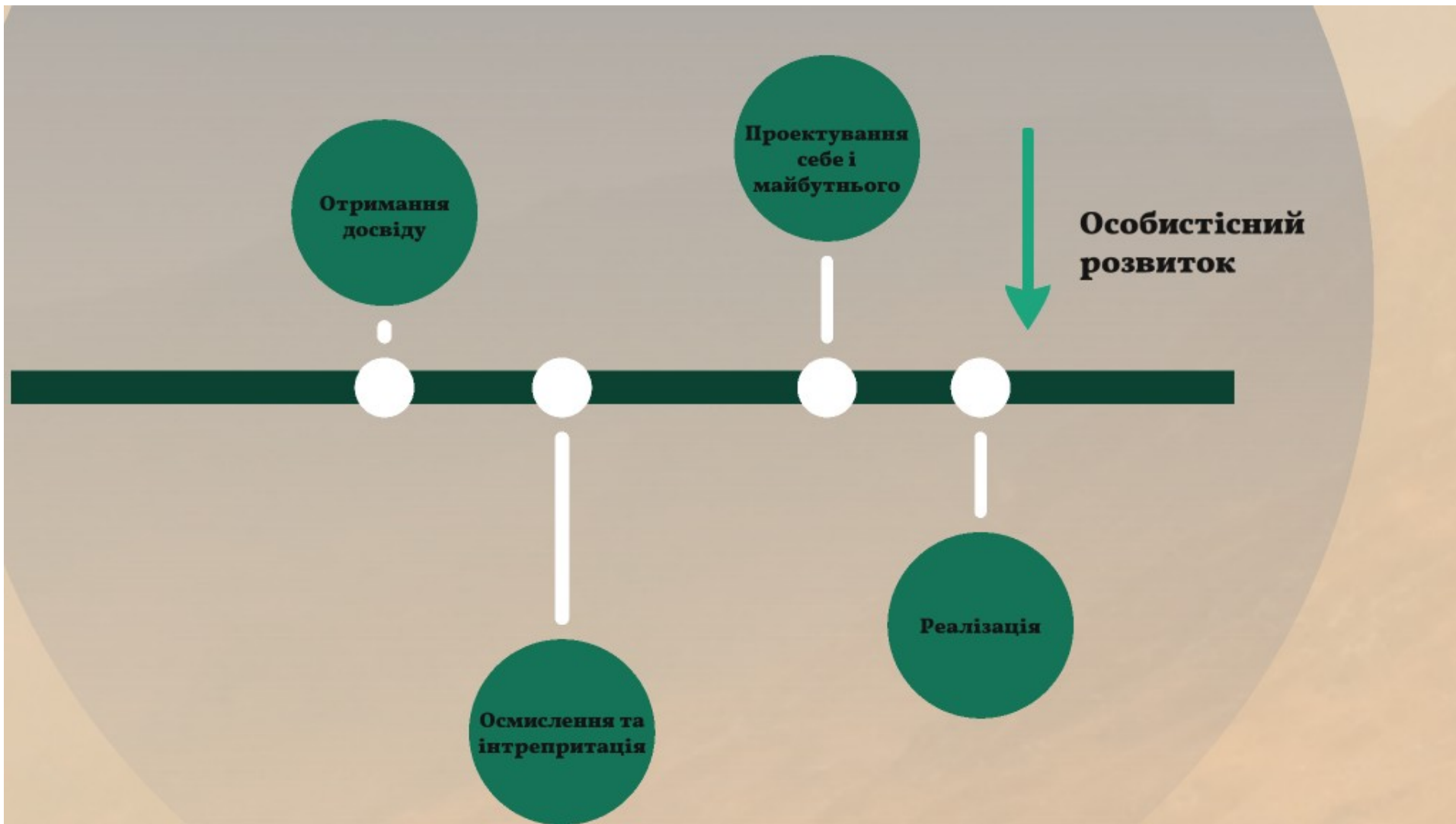
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**Особистісний
розвиток**





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